



be giving

8 December 2017 – 28 November 2018



Perth
Children's
Hospital
Foundation



OUR VISION

To engage and inspire women to come together to use their time, talents, networks and financial resources to support those who are vulnerable and in need.

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Dr Victor Cheng, Executive Director, Perth Children's Hospital
with Melissa Karlson at Dinner Under the Stars in June 2018.

“ ... it's also lovely to see the difference you can make through the donation of time or even just being a smiling face for someone within the hospital whose day is not going terribly well. ”

FOREWORD

2018 has been a year of growth for *be giving*, in terms of funds raised, memberships and opportunities within both Princess Margaret Hospital (RIP) and Perth Children's Hospital. We have gone from 76 members in 2017 to 101 members in 2018 and from \$318,847 to \$654,524 raised per annum.

Our Dinner Under the Stars, in just its second year, became the most successful fundraising event in Princess Margaret Hospital/Perth Children's Hospital Foundation history which is something we can all be extremely proud of. The night raised \$408,064 of which \$304,059 funded equipment already in use at Perth Children's Hospital.

With Perth Children's Hospital opening its doors in June, Lucy and I have been attempting to work out the best place for our eager volunteers. Whilst this is still a work in progress, we think we are getting closer to finding opportunities that provide consistent enhanced experiences for both the volunteer and the patient, family or health professionals within the hospital.

Our presence within the hospital is allowing us to access opportunities for volunteering, compassionate spending and further funding. The support we are receiving from the health care professionals and the Child and Adolescent Health Service in WA is testament to the hard work and momentum that we have generated in a very short time.

If you were to witness the way doctors, nurses and the executive of the hospital speak of our group and what we are achieving, I'm sure you would be truly humbled. While the financial aspect is critical, it's also lovely to see the difference you can make through the donation of time or even just being a smiling face for someone within the hospital whose day is not going terribly well.

Thanks for your contribution and for being a part of a new generation of fundraising. I look forward to seeing you on the 28th.

Melissa x

Melissa Karlson

FUNDRAISING HIGHLIGHTS

In celebration of Mother's Day and Dinner Under the Stars

Mother's Day Morning Tea

Members attended a wonderful morning tea hosted by Denby Roberts at Rhonda Wyllie's home in celebration of Mother's Day.

We were joined by the gorgeous eight year old Sahara and her mum Michelle. Hearing about Sahara's journey since being diagnosed with Medulloblastoma (a brain tumour) in February 2017 was both harrowing and inspiring. Sahara's resilience and zest for life and her much loved cat Bamboo, is incredible and really helped remind us all how precious life is and why we have committed to supporting WA's only specialist children's hospital.





Dinner Under the Stars

Our 2018 Dinner Under the Stars event raised an incredible \$408,064 for kids at Perth Children's Hospital. This is a record for an event in support of the Foundation and something that we can all be extremely proud of. Thank you to all our members and their guests who dug so deeply on the night.

Special thanks go to Alf Barbagallo whose generosity and willingness to make our second Dinner Under the Stars such a success was astonishing. It was a wonderful evening that resulted in *be giving* donors providing a range of critical equipment for Perth Children's Hospital. Funds were also allocated to Dr Sarah Cherian, the Clinical Lead of the Refugee Health Service, whose team helps refugee families to settle into their new lives here in WA after facing some truly unimaginable hardships.



Dinner Under the Stars

\$304,059 of the funds raised have been allocated to purchasing several key pieces of equipment for Perth Children's Hospital including:

- ♥ two Nasopharyngoscopes for the ENT Clinic,
- ♥ a Brainz Monitor and two Giraffe Warmers for the Neonatal Intensive Care Unit,
- ♥ seven insulin pumps for the Diabetes Service,
- ♥ a package of fitness equipment for the Mental Health Ward; and
- ♥ fitting out the Adolescent Lounge on the Oncology Ward with a pinball machine, pool table, arcade style game console and a motorised recliner chair.

The remaining funds from Dinner Under the Stars will be included in our end of year pool to be allocated to projects on our voting day.



FUNDRAISING HIGHLIGHTS

Fillies and French

Melbourne Cup

We celebrated the race that stops the nation with our Fillies and French (champagne) event at the suitably sumptuous Crystal Club at Crown Towers. In what has become our trademark, *be giving* members added a third 'F' to the event – fundraising! Always keeping our reason for being in mind, the fundraising sweeps and raffles went like hotcakes ensuring we raised money to support kids in hospital.





FUNDRAISING HIGHLIGHTS

Nutcracker

West Australian Ballet's The Nutcracker

Members enjoyed two matinee performances of the West Australian Ballet's *The Nutcracker* with part of their ticket price supporting Perth Children's Hospital. This stunning performance sold out in a matter of days giving many of our members a chance to introduce their own children to the ballet while supporting the hospital.

As part of our collaboration with WA Ballet, we arranged for a visit from four of *The Nutcracker* dancers to children on wards, as well as Fun on Four at Perth Children's Hospital. As the photos show, the visit was a huge hit with children, parents and staff alike.



VOLUNTEERING HIGHLIGHTS

Bun Day at PMH · Mother's Day Pampering at PMH

Bun Day at PMH

A team of *be giving* members spread some much needed Easter happiness to patients, families and staff at PMH by handing out 2,500 hot cross buns! Our friends from Coles once again donated the buns and the Perth Children's Hospital Foundation team escorted us around the hospital gaining access to many 'behind the scenes' areas. Seeing the smiles on everyone's faces as we arrived with our baskets of goodies was wonderful.



Mother's Day at PMH

Mums at PMH were surprised with individual brunch boxes in the lead-up to Mother's Day thanks to our members. 120 Mother's Day brunch boxes were delivered to mums on the wards. Each box included breakfast treats along with hand cream and lip balm as many hospital mums are too busy focusing on their children to worry about themselves. *be giving* members hand-delivered the boxes, taking orders for a freshly brewed barista coffee, hot-chocolate or freshly squeezed juice along the way. The success of this wonderful initiative wouldn't have been possible without the support of Dilmah, Dimattina Coffee, Iluma Fine Foods, Kite Café PMH, Lawley's Bakery/Cafe, The Little Bakery, Pressed Earth, Priceline Pharmacy and Scott Print who kindly donated the items.



VOLUNTEERING HIGHLIGHTS

Fun on Four

Fun on Four

With the long-anticipated opening (finally!) of Perth Children's Hospital taking place on Sunday 10 June, the hospital's new play area, Fun on Four, has also opened. Managed by Perth Children's Hospital Foundation, this bright and cheerful space offers a reprieve from treatment and appointments just as Megazone did at PMH. *be giving* members are helping the Fun on Four team to run a wide range of activities from art and craft to special movie screenings.

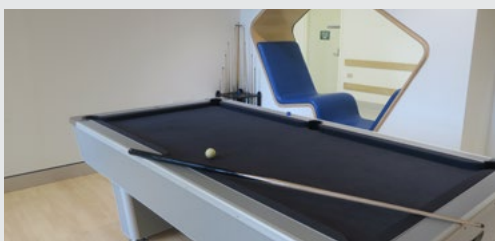


DINNER UNDER THE STARS FUNDING

be giving has funded the following for the hospital

Oncology Adolescent Lounge \$13,975

The Oncology Adolescent Lounge will allow teenagers to have a space of their own when they are facing periods of painful treatments for cancer.



Brainz Monitor \$41,868

The Brainz Monitor helps to identify seizures. Electrode leads are placed on the baby's head to monitor electrical activity within the brain which is displayed on a screen at the baby's bedside as a wave pattern. This allows the team to quickly commence treatment.



Giraffe Warmers x2 \$53,000

The Giraffe Warmer provides a life-sustaining environment for our most vulnerable neonates. These surroundings provide babies with the optimal conditions to grow, heal and develop.



ENT Scopes x 2 \$29,580

Nasopharyngoscopes are used to evaluate children with airway, voice, swallowing and breathing problems. When emergencies occur, these scopes are diverted from outpatient clinics, causing families to wait far longer than expected, or is acceptable. A larger supply of scopes prevents frustrating wait times.



Insulin Pumps x 7 \$70,000

Type 1 diabetes is a condition requiring lifelong management and treatment. Insulin pumps provide better overall blood glucose control and fewer episodes of life threatening glucose levels.



Ultrasound Equipment

\$72,000

In the Neonatal Intensive Care unit tiny babies require rapid bedside sonographic imaging by medical staff for the placement of lines as well as rapid head, heart and abdominal imaging post specialist investigations.



Fitness Package - Mental Health Ward \$39,300

Active children are less anxious and depressed than their inactive counterparts. In the short term, exercise can enhance mood and cognitive function. In the long term, exercise promotes improved problem-solving skills, coping abilities, interpersonal relationships and self-esteem.



Refugee Stars

\$15,000

Our *be giving* stars featured the story of a patient, family or member of the Refugee Health Service Team. The service operates as part of the Perth Children's Hospital which holistically engages, educates and empowers families settling into a new life in Perth.



FURTHER FUNDING

Surgical simulation mannequin

\$48,500

"Surgical Sam" is realistic and allows surgeons, anaesthetists and theatre teams to work together to simulate cardiothoracic surgery and complex anaesthetic situations as well as management of emergencies. This will be the first time that this mannequin will be used in Australia.



NICU - palliative care clothing

\$4,500

The Neonatal Intensive Care Unit will provide baby grow suits and baby wraps to sick infants. Something so simple at a very stressful time will make a huge difference to the families of these vulnerable little ones.

WHAT WE RAISED AND HOW WE HELPED

Financial activity for the period 8 December 2017 - 28 November 2018

What we did	Gross Income	Expenses	Net Income
Membership (101 paid memberships of \$1000 each)	\$101,000		\$101,000
Mother's Day at Rhonda Wyllie's	\$14,593	\$3,543	\$11,050
Dinner Under the Stars	\$496,418	\$88,354	\$408,064
Further Funding Surgical simulation mannequin	\$48,500		\$48,500
NICU palliative care clothing	\$4,500		\$4,500
Donations	\$53,181		\$53,181
be giving expenses		\$2,753	-\$2,753
Melbourne Cup	\$57,464	\$32,682	\$24,782
Western Australian Ballet's Nutcracker*	\$13,120	\$6,920	\$6,200
	\$788,776	\$134,252	\$654,524

WHAT WE PURCHASED FOR THE HOSPITAL

Equipment - Dinner Under the Stars	\$304,059
Refugee Stars	\$15,000
Further Funding Surgical simulation mannequin	\$48,500
NICU - palliative care clothing	\$4,500
Total	\$372,059
Remaining funds available for distribution Voting Night 28 November 2018	\$282,465

* Final figures to be confirmed on 28 November 2018



PERTH CHILDREN'S HOSPITAL FOUNDATION AND THE GRANT APPLICATION PROCESS

Background

Perth Children's Hospital Foundation (formerly PMH Foundation) is the only dedicated fundraising body for Perth Children's Hospital and is by far the largest entity for charitable giving to the hospital.

All net income raised by the Foundation is made available to the hospital and entities associated with it such as the Community Health and Mental Health Services.

The Foundation funds equipment and technology, research, expertise, specialist services, training and education for all areas of the Child and Adolescent Health Service.

The Grant Application Process

Applications must be presented to the PCH Executive Director of Health Service Management.

Applications for funding in excess of \$250,000 are reviewed by the CAHS Chief Executive who will only forward projects recommended for funding to the Perth Children's Hospital Foundation Grants Sub-Committee (GSC).

The Perth Children's Hospital Foundation GSC meets approximately five times a year to review and approve, defer or decline grant applications. The GSC consists of representatives of the Foundation Board and Executive group. Where it will assist the GSC in its consideration of requests for funding the Committee will request the relevant clinician or Senior Department Head to attend the meeting at which their application is being considered.

Applicants are notified in writing of the outcome and/or how their grant application is progressing through the process by the end of the month of the GSC at which it was considered.

Full Perth Children's Hospital Foundation Board approval is required for all successful grant applications of \$20,000 or more. These applications will be tabled at the earliest possible face-to-face Board meeting. Applicants are notified in writing of the outcome by the end of the month of the Board meeting at which it was considered.

Successful grant application is given either a level 1 or level 2 priority. Level 1 grants are those that require urgent support and will be immediately funded by the Foundation from funds held in a Special Purpose Account (SPA) or general revenue. Level 2 grants are placed on the PCH Foundation 'wish list' and will be funded once a suitable donor is secured – this can sometimes take several months depending on the project and the amount of funding sought.

2018 VOTING DAY PROCEDURE

28 November 2018

On Wednesday 28 November 2018, **be giving** members will come together at Perth Children's Hospital to collectively decide how the uncommitted funds raised throughout 2018 will be allocated.

Grant recipients will be chosen by members with every current member having one vote in the grant selection process. The outcome of the vote on 28 November 2018 is final after all official votes are tallied.

be giving members will be notified of the final outcome of the vote in writing on the morning of 29 November 2018.

After careful deliberation, a group of *be giving* members presented with more than seven pre-approved grant items have unanimously decided to present members the following options for consideration:

A Carbon Floating Table

Total funds required: \$256,939

OR

TO FUND A COMBINATION OF THE FOLLOWING:

B1 Simulation Training Package \$126,500

- | | |
|--|----------|
| 1. Portable basic simulation package | \$10,000 |
| 2. Bronchoscopy training equipment and high-quality camera package | \$44,000 |
| 3. Infant mannequin | \$72,500 |

B2 Portable Nasendoscopy Stack \$20,000

B3 Compassionate Fund \$40,000

B4 Fun on Four \$75,000

B5 Christmas at Perth Children's Hospital \$15,000

B6 Barbecues at Perth Children's Hospital \$10,000

Details of the grant funding options are outlined in the following pages >>>





CARBON FLOATING TABLE

\$256,939

The Need

Interventional radiology is a medical specialty which provides minimally invasive image-guided diagnosis and treatment of disease.

Interventional Radiologists are doctors who are trained in both radiology and interventional therapy with the specialist skills to navigate needles and fine catheter tubes and wires to navigate around the body under imaging.

Perth Children's Hospital is fortunate enough to have employed two of Australia's foremost paediatric Interventional Radiologists in recent years and has recently secured the services of Dr Derek Roebuck, globally regarded as one of the sector's top minds.

This cutting-edge practice and increase in experts available at the hospital has increased the demand of image-guided

procedures. On average, the hospital is performing 20-25 procedures per week, a number which has seen a 50% growth over the last year, and this is expected to rise even further.

The hospital foresees the need to operate in an interventional suite for the best part of every day, addressing: organ trauma; treatment of renal vessels to reduce cardiac risks; biopsies for cancerous bone and soft tissue and unblocking clots.

An imaging table that can adjust to allow patient movement in any direction, while live imaging is carried out, is imperative. This is an upgrade of an existing table which doesn't allow for modern interventional procedures and the clear benefits they bring to the children. When catheters and wires are placed close to the entrance of the heart or brain, being essentially "blinded" to the position of these wires or catheter tips, due to non-dynamic imaging, can lead to catastrophic outcome.





Proposed solution

Procurement and installation of the Trumpf Carbon Floatline table will provide the functionality to perform interventional cases. The original surgical table top will be retained for non-radiological cases.

When used to optimum effect, the new table will provide many advantages including:

- ♥ Precise 3D imaging guidance, a feature not seen before in WA and a huge advantage for children with small vessels and compact anatomy.
- ♥ Laser guidance for biopsies of deep organs.
- ♥ Rapid evaluation of surrounding structures to prevent complications while still in theatre.
- ♥ Movement of patient into multiple positions to improve surgical outcomes.
- ♥ Ensuring more surgical cases can be performed.

Expected Benefit

Positive outcomes for children include:

- ♥ Increased safety due to the reduced radiation dose of a single rather than multiple x-ray.
- ♥ More extensive range of interventional examination and procedures, alleviating the need for interstate or overseas travel. Further applications such as spinal surgery that require precise planning can also be accommodated.
- ♥ Shorter recovery times and reduced complication rates due to minimally invasive techniques as opposed to open surgery.



SIMULATION TRAINING PACKAGE

\$126,500

The Need

Simulation is considered the gold standard for education and training, enabling health professionals to practice skills, ways of communicating, leadership and teamwork in a safe learning environment for emergency situations or clinical challenges. We have a world class simulation suite at Perth Children's Hospital; arguably the best in Australia. The suite is used to simulate realistic clinical environments from all over the hospital.

We require additional equipment to enhance the clinical training available through our simulation suite.

Proposed solution

1. Portable basic simulation package

This consists of 2 iPads, which are easily transportable. One of these looks exactly like a patient monitor, the other acts as the instructor's control. These can be used with a basic mannequin or a patient actor. This increases the relevance and realism of simulation in a variety of hospital settings.

2. Bronchoscopy training equipment and high-quality camera package

This consists of a specialised laptop computer attached to a device into which a bronchoscope, used to view a patient's airways and lungs can be inserted. Clinicians receive feedback about the resistances felt throughout the airways. A selection of 'scenarios' including standard bronchoscopies, as well as anaesthetics for children with complex upper airways and ENT trauma and emergency situations are available, benefitting a broad range of staff.

This camera would enable us to provide video content to supplement simulation education training in the context of time critical processes around the care of a severely injured or unwell child. A greater understanding of essential skills will accelerate clinician competence and excellence. Videos could be used with groups of staff to allow training to reach a wider audience.

3. A realistic neonatal/infant mannequin NenaSim Xtreme

This mannequin is one of the most realistic on the market at the moment. One of its unique functions is its ability to portray respiratory difficulties. It also has a realistic skin tone and colour changes. It can be used for neonatal and infant scenarios. This would be the first time that this mannequin has been bought in Australia.

1



2



3



PORTABLE NASENDOSCOPY STACK

\$20,000

The need

Almost 11,000 patients are seen by the ENT Clinic in the hospital for conditions involving the ear, nose and sinuses, and throat and airway. They receive referrals from across the state.

An ENT outpatient appointment is often a child and family's first experience with the hospital with 6,240 new referrals and 4,445 follow-up appointments in 2016/17.

A nasendoscopy is a procedure where a camera on a flexible tube is used to evaluate breathing and swallowing in children. Approximately 500-1000 procedures are performed in the hospital per annum. These may occur in the emergency room, ICU, operating theatres, wards and sometimes at King Edward Memorial Hospital.

While the hospital has the equipment to deal with planned outpatient appointments in clinic, there are instances where a portable device is required for children to be promptly assessed outside a clinic setting.

Proposed Solution

Having a portable video capture device will greatly assist this process for staff. It will also be less inconvenient for the patient who can easily be assessed where they are and not have to be transported to where the larger video capture devices ("stack") are located.



COMPASSIONATE FUND

\$40,000



The Need

Caring for a critically ill or palliative child is extremely difficult; even more devastating is the death of a child. Occasionally there are special circumstances that would merit specific financial support for those hospital families who don't have the capacity to deal with unforeseen expenses.

Proposed Solution

The Foundation has proposed the establishment of a pool of funds that can be used on compassionate grounds to assist families cope with financial demands that they simply cannot meet.

Funds will be allocated at the discretion of the hospital Executive and the Foundation.

Circumstances can include:

- ♥ Interstate travel expenses to access specialist care
- ♥ International travel expenditure to access specialist care
- ♥ Funeral costs
- ♥ Specialist equipment

Meet Tom*

Tom and his family were on holidays in WA from Melbourne when they were involved in a very serious motor vehicle crash. Tom's mother died at the scene and his grandmother was seriously injured. Tom sustained abdominal trauma; skull fractures; multiple abrasions and lacerations; and a serious neck injury. Tom's father and brother suffered minor injuries. Tom needed to be transferred to the Royal Children's Hospital, Melbourne to continue his rehabilitation. A bed was made available in the week of Tom's mother's funeral in Melbourne.

The hospital requested that Tom travel with a nurse to provide for his care, as his father would be caring for his brother and grandmother during the flight. As the family weren't from WA, they did not meet the criteria for flights to be funded by the State Government. The hospital Executive requested that the Foundation cover the cost of flights for Tom and the nurse as well as accommodation in Melbourne for the nurse on compassionate grounds.

*name changed to protect the privacy of the family

FUN ON FOUR

\$75,000

The need

A visit to the hospital can sometimes be a distressing experience for children and their parents. Fun on Four works towards healing through happiness and provides a relaxed playful environment where patients can enjoy time with their siblings and friends and create special memories with their family.

Fun on Four also provides a space for clinicians to use for therapy and can be beneficial in increasing the patients' motivation.

The Benefits

In the first four months of operation there were more than 31,000 people through Fun on Four.

Fun on Four allows patients and their families time away from the wards to play together in a way that would resemble more of the home environment than a medical setting. The feedback received from children and parents alike is that Fun on Four is an essential part of their hospital care and their experience at Perth Children's Hospital.

Activities are designed to target the child's learning and foster the development of their social, cognitive, fine motor and gross motor skills in line with teaching, child care and developmental health principles.

There are also special events for the patients and their families. So far, Fun on Four has hosted West Coast Eagles players, Playschool, Mister Maker, dancers from The Nutcracker WA Ballet and a range of other guests.



The Future

Fun on Four will continue to service patients and their families who enter the hospital. Funding the Foundation receives is put towards staffing of the area, resources and toys, and replacing consumables such as craft items, board games and books. Due to infection control standards that must be maintained, some items need to be regularly replaced in order to reduce the risk of infection for children with compromised immunity.



CHRISTMAS AT PERTH CHILDREN'S HOSPITAL

\$15,000

The Need

Christmas is a very special time for children with twinkling lights, carols by candlelight and visits to Santa at the local shopping centre. There's the anticipation of Christmas Eve and the excitement of waking up early on Christmas morning to see what Santa has left!

While the hospital's main aim over the Christmas period is to get children well enough to spend this time at home with their family, unfortunately, many children face the prospect of spending Christmas in hospital.

Proposed Solution

In order to bring the festive season to life within the clinical environment, bringing smiles, laughter and the spirit of giving, Perth Children's Hospital are planning a number of activities which will include:

- ♥ Santa's visit on Christmas Day to bring joy to the sick children, and a Christmas Party for all kids and their families in an area like Fun on Four

- ♥ Carol singing and musical performances throughout December
- ♥ A present and gift wrapping for each child in hospital on Christmas Day, as well as their siblings
- ♥ Prizes for best decorated ward or department in the hospital.



BARBECUES AT PERTH CHILDREN'S HOSPITAL

\$10,000

The Need

The Foundation funded the popular Stitches Free Family BBQs at PMH. Patients and families were treated to some tasty food and fun on Wednesday afternoons.

Entertainment helped to create a fun atmosphere for all who attended, and included Stitches the Bear and a face painter or balloon twister. It was a wonderful opportunity for families to get together for dinner. Staff were included as a way of saying

thank you and it gave them a chance to engage with patients and their families in a non-clinical, happy environment.

The Foundation would like to continue the tradition of BBQs in Fun on Four. With over 31,000 people visiting this area since opening in June, it is expected to be a well-attended and much appreciated initiative.

Proposed Solution

Due to infection control, all equipment used at PMH needs to be replaced.

The Foundation is seeking funding for equipment which includes the following:

	\$
3 x portable BBQs @ \$800 each	2,400
3 x BBQ mats @ \$15 each	45
3 x trestle tables @ \$75 each	225
3 x pop up gazebos @ 300 each	900
3 x BBQ utensils @ \$100	300
3 x serving platters/baskets @ \$200	600
1 x fencing of storage space	4,000
2 x heavy weight trollies	500



MORE INFORMATION

If you would like further details about the
Year in Review please contact:

Melissa Karlson
melissa@wylliegroupp.com

or

Fiona Robbins
fiona.robbsins@pchf.org.au
pchf.org.au/ways-to-give/events/be-giving/

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Pozzi · Caroline Lehmann · Cardyn Hartz · Cate Hohnen · Catherine Skewes · Catherine Henwood
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